You've been diagnosed with skin cancer ... what next?

You have been referred to **Dr. David Kao** and **Keleigh Nersasian PA-C** to treat your skin cancer using Mohs Micrographic Surgery. Your surgical reconstruction will also be performed on the same day.

Mohs Micrographic Surgery is the most advanced and effective treatment procedure for skin cancer removal with the highest cure rate. With the Mohs technique, the surgeon is able to see beyond the visible disease, to precisely identify and extract the entire tumor layer by layer while leaving the surrounding healthy tissue intact and unharmed. Dr. Kao is highly trained and recognized for excellence in the Mohs technique and specializes in Mohs and reconstructive surgery exclusively.

How to find us

From the west Take Highway 26 East

- Exit 69A, Highway 217 toward Tigard/Salem;
- Merge onto Interstate 5 South toward Salem;
- Take exit 289 Tualatin/ Sherwood exit;
- Turn left onto SW Nyberg Road and continue on Nyberg as it curves to the right and becomes 65th Avenue;
- Drive past the hospital to the first light;
- Turn left onto Borland Road.
 We are the 3rd driveway on the right across the street from the hospital.

From the east Interstate 84 West / US-30 West

- Merge onto Interstate 5 South via exit on the LEFT toward Beaverton/Salem;
- Take exit 289 Tualatin-Sherwood exit;
- Turn left onto SW Nyberg Road and continue on Nyberg as it curves to the right and becomes 65th Avenue;
- Drive past the hospital to the first light;
- Turn left onto Borland Road.
 We are the 3rd driveway on the right across the street from the hospital.

From the south Interstate 5 North towards Portland

- Take exit 289 –
 Tualatin-Sherwood exit;
- Turn right on SW Nyberg Road and continue on Nyberg as it curves to the right and becomes 65th Avenue;
- Drive past the hospital to the first light;
- Turn left onto Borland Road.
 We are the 3rd driveway on the Right across the street from the hospital.

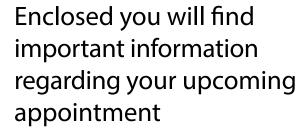
From the north Interstate 5 South / Salem

- Take exit 289 Tualatin-Sherwood exit;
- Turn left onto SW Nyberg Road and continue on Nyberg as it curves to the right and becomes 65th Avenue;
- Drive past the hospital to the first light;
- Turn left onto Borland Road.
 We are the 3rd driveway on the right across the street from the hospital.

Your destination:

Skin Cancer Surgery Center6370 SW Borland Road

Dark grey and white "mei" building
2nd floor, Suite 200



Time:			

Date:

Please complete the YELLOW FORMS and bring them to your appointment

Mei Medical Building 6370 SW Borland Rd, Suite 200 Tualatin, Oregon 97062

Phone: 503.691.1122Fax: 503.691.1144

www.drdavidkao.com



skin cancer surgery center

Important information for your surgery

- ☐ Please complete and bring with you the enclosed paperwork:
 - ☐ Patient Questionnaire
 - ☐ Financial Policy
- ☐ You are encouraged to eat breakfast on the day of your surgery.
- ☐ Please arrange for someone to drive you home after the procedure. If we give you pain or relaxation medication you may not drive yourself home.
- Review the list of medications to stop prior to your procedure. It is important to discontinue any aspirin containing medications 2 weeks prior to your procedure.
- ☐ Please bring photo ID, all health insurance cards and any co-payment and/or deductible payments due.

Do not hesitate to call with any questions or concerns, (503) 691-1122.

For additional information regarding your upcoming surgery please visit our website at www.drdavidkao.com.

If you should need to cancel or reschedule any appointment, please call the office at least 72 hours in advance for surgery and 24 hours in advance for follow-ups.

Medication instructions for Mohs surgery patients

Please

CONTINUE

taking all PRESCRIBED blood thinning medications such as:

- ☐ Coumadin (Warfarin)
- ☐ Persantine (Dipyridamole)
- ☐ Pradaxa (Dabigatran)
- ☐ Plavix (Clopidogrel)
- ☐ Ticlid (Ticlopidine)

- ☐ Eliquis (apixaban)
- Aspirin

Continue your Aspirin if you have a history of atrial fibrillation, stents, blood clots, stroke, TIA or if your medical doctor recommends not stopping.

Please

STOP

taking all NON-PRESCRIBED blood thinning medications.

The following is a list of common over-the-counter medications and substances that may increase your tendency to bleed and should be discontinued 2 weeks prior to surgery.

ASPIRIN BASED PRODUCTS (including but not limited to):

ALKA SELTZER, ANACIN, BUFFERIN, ECOTRIN, EMPIRIN, EXCEDRIN, FLIORINAL, NORGESIC, PERCODAN, ROBAXISAL, TRIGESIC, VANQUISH

ANTI-INFLAMMATORIES (including but not limited to):

ANAPROX/ALEVE, BRUFEN, DOLOEID, IBUPROFEN, INDOMETHACIN, MIDOL, MOTRIN, TRILISATE, VOLTAREN

SUPPLEMENTS: FISH OIL/OMEGA 3, GARLIC, GINKGO BILOBA, MULTIVITAMINS, VITAMIN E

Planning for after your surgery:

Work/Activity restrictions

If your job or hobby require lifting over 10 pounds, bending, stooping below waist level or increasing your heart rate you will require some time off. We recommend a minimum of 5 days.

What to expect after surgery

- Some discomfort after surgery is normal. We recommend Extra Strength Tylenol (acetaminophen) to help relieve some discomfort. Most patients will be sent home with a prescription for a pain medication. While taking prescribed pain medication you will not be able to drive.
- A pressure dressing will be applied to the treated area.
 This dressing will be bulky and will need to stay in place for a minimum of 24 hours or until instructed
- Significant bruising and swelling is possible, it slowly dissipates over 2-3 weeks.

Wound care supplies

- Hydrogen peroxide
- Q-Tips
- Vaseline (a clean tube)
- Non-adherent dressing
- Paper tape