

You've been diagnosed  
with skin cancer . . .

# what next?

You have been referred to **Dr. David Kao**  
and **Keleigh Nersasian PA-C** to treat your  
skin cancer using Mohs Micrographic Surgery.  
Your surgical reconstruction will also be  
performed on the same day.

**Mohs Micrographic Surgery** is the most  
advanced and effective treatment procedure for  
skin cancer removal with the highest cure rate.  
With the Mohs technique, the surgeon is able  
to see beyond the visible disease, to precisely  
identify and extract the entire tumor layer by  
layer while leaving the surrounding healthy  
tissue intact and unharmed. Dr. Kao is highly  
trained and recognized for excellence in the  
Mohs technique and specializes in Mohs and  
reconstructive surgery exclusively.

## How to find us

### From the west Take Highway 26 East

- Exit 69A, Highway 217 toward Tigard/Salem;
- Merge onto Interstate 5 South toward Salem;
- Take exit 289 – Tualatin/Sherwood exit;
- Turn left onto SW Nyberg Road and continue on Nyberg as it curves to the right and becomes 65th Avenue;
- Drive past the hospital to the first light;
- Turn left onto Borland Road. We are the 3rd driveway on the right across the street from the hospital.

### From the east Interstate 84 West / US-30 West

- Merge onto Interstate 5 South via exit on the LEFT toward Beaverton/Salem;
- Take exit 289 – Tualatin-Sherwood exit;
- Turn left onto SW Nyberg Road and continue on Nyberg as it curves to the right and becomes 65th Avenue;
- Drive past the hospital to the first light;
- Turn left onto Borland Road. We are the 3rd driveway on the right across the street from the hospital.

### From the south Interstate 5 North towards Portland

- Take exit 289 – Tualatin-Sherwood exit;
- Turn right on SW Nyberg Road and continue on Nyberg as it curves to the right and becomes 65th Avenue;
- Drive past the hospital to the first light;
- Turn left onto Borland Road. We are the 3rd driveway on the Right across the street from the hospital.

### From the north Interstate 5 South / Salem

- Take exit 289 – Tualatin-Sherwood exit;
- Turn left onto SW Nyberg Road and continue on Nyberg as it curves to the right and becomes 65th Avenue;
- Drive past the hospital to the first light;
- Turn left onto Borland Road. We are the 3rd driveway on the right across the street from the hospital.

### Your destination:

**Skin Cancer Surgery Center**  
6370 SW Borland Road  
Dark grey and white "mei" building  
2nd floor, Suite 200



Mei Medical Building  
6370 SW Borland Rd,  
Suite 200  
Tualatin, Oregon 97062

**Phone: 503.691.1122**  
Fax: 503.691.1144  
[www.drdaavidkao.com](http://www.drdaavidkao.com)

Enclosed you will find  
important information  
regarding your upcoming  
appointment

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Please complete the YELLOW FORMS  
and bring them to your appointment



## Important information for your surgery

Please complete and bring with you the enclosed paperwork:

- Patient Questionnaire
- Financial Policy

- You are encouraged to eat breakfast on the day of your surgery.
- Please arrange for someone to drive you home after the procedure. If we give you pain or relaxation medication you may not drive yourself home.
- Review the list of medications to stop prior to your procedure. It is important to discontinue any aspirin containing medications 2 weeks prior to your procedure.
- Please bring photo ID, all health insurance cards and any co-payment and/or deductible payments due.

Do not hesitate to call with any questions or concerns, [\(503\) 691-1122](tel:5036911122).

For additional information regarding your upcoming surgery please visit our website at [www.drdaavidkao.com](http://www.drdaavidkao.com).

If you should need to cancel or reschedule any appointment, please call the office at least 72 hours in advance for surgery and 24 hours in advance for follow-ups.

## Medication instructions for Mohs surgery patients

Please

### CONTINUE

taking all **PRESCRIBED** blood thinning medications such as:

- Coumadin (Warfarin)
- Eliquis (apixaban)
- Persantine (Dipyridamole)
- Aspirin
- Pradaxa (Dabigatran)
- Continue your Aspirin if you have a history of atrial fibrillation, stents, blood clots, stroke, TIA or if your medical doctor recommends not stopping.*
- Plavix (Clopidogrel)
- Ticlid (Ticlopidine)

Please

### STOP

taking all **NON-PRESCRIBED** blood thinning medications.

The following is a list of common over-the-counter medications and substances that may increase your tendency to bleed and **should be discontinued 2 weeks prior to surgery.**

**ASPIRIN BASED PRODUCTS (including but not limited to):**

ALKA SELTZER, ANACIN, BUFFERIN, ECOTRIN, EMPIRIN, EXCEDRIN, FLIORINAL, NORGESIC, PERCODAN, ROBAXISAL, TRIGESIC, VANQUISH

**ANTI-INFLAMMATORIES (including but not limited to):**

ANAPROX/ALEVE, BRUFEN, DOLOEID, IBUPROFEN, INDOMETHACIN, MIDOL, MOTRIN, TRILISATE, VOLTAREN

**SUPPLEMENTS:** FISH OIL/OMEGA 3, GARLIC, GINKGO BILOBA, MULTIVITAMINS, VITAMIN E

## Planning for after your surgery:

### Work/Activity restrictions

If your job or hobby require lifting over 10 pounds, bending, stooping below waist level or increasing your heart rate you will require some time off. We recommend a minimum of 5 days.

### What to expect after surgery

- Some discomfort after surgery is normal. We recommend Extra Strength Tylenol (acetaminophen) to help relieve some discomfort. Most patients will be sent home with a prescription for a pain medication. While taking prescribed pain medication you will not be able to drive.
- A pressure dressing will be applied to the treated area. This dressing will be bulky and will need to stay in place for a minimum of 24 hours or until instructed
- Significant bruising and swelling is possible, it slowly dissipates over 2-3 weeks.

### Wound care supplies

- Hydrogen peroxide
- Q-Tips
- Vaseline (a clean tube)
- Non-adherent dressing
- Paper tape